

Music Therapy Services

MOVEMENT | SOCIAL ENGAGEMENT | COMMUNICATION
STRESS MANAGEMENT | EMOTIONAL EXPRESSION | MEMORY CARE

Our mission in the Wartburg music therapy clinic program is to provide exceptional, evidence-based music therapy sessions to clients of all ages and abilities. Music therapy optimizes the abilities of our clients through interactive music-making in areas of communication, socialization, rehabilitation, speech, stress management, memory care, and emotional expression. Our approach is individualized to each client.

These services are coordinated by Wartburg music therapy faculty, and all student-led sessions are supervised by experienced music therapists who are Board Certified (MT-BC). Sessions are held in the music therapy clinic on the Wartburg campus, in the community in designated therapy spaces, or through private, confidential telehealth sessions. Our clients can be referred by medical professionals, family, community facilities, and schools, but many are self-referred.

Contact us for music therapy services today!

For further information on how music therapy may be appropriate for you or someone you know, contact **Barbara Ashton**, clinical coordinator, at barbara.ashton@wartburg.edu or complete the session information form at www.wartburg.edu/music-therapy-services.

