



## Register now for TIAA's March live webinars

Spring cleaning your finances can help keep your goals on track. Reserve your spot today.

[Schedule Online  
TIAA.org/webinars](https://www.tiaa.org/webinars)

### Special Topic: Retirement Plans—Know the rules

Your retirement assets will play a significant role in creating your retirement income, however, there are many rules surrounding your use of these assets. When can I start taking distributions? When must I start taking distributions? What happens when I leave them to my loved ones? Join us to get the answers to all of these questions and more.

**March 13 at 12 p.m. (ET)**

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### Paying Yourself: Income options in retirement

You can learn the rules that govern retirement assets and find out when to consider using different income sources.

**March 13 at 3 p.m. (ET)**

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### Special Topic: Dismantling myths about annuities

Annuities are commonly misunderstood financial products in the marketplace. You can learn about their unique characteristics so you can determine if they should be part of your overall financial plan.

**March 14 at 12 p.m. (ET)**

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### Gaining Insight: Navigating debt consolidation and understanding the mortgage process

Discover how to manage and consolidate debt, and get a primer to help make the mortgage process easier to navigate.

**March 14 at 3 p.m. (ET)**

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### Healthy Numbers: Integrating healthcare into your retirement plan

You can learn and plan for the cost of healthcare in retirement, including supplemental insurance, and the real benefits and costs of Medicare.

**March 15 at 12 p.m. (ET)**

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### Start to Finish: The early career woman's guide to financial wisdom

When women are starting their careers, there's a lot to consider—career goals, job satisfaction, achieving a work/life balance. But it's important to also consider retirement. Discover how establishing a plan now can help establish your financial future.

**March 15 at 3 p.m. (ET)**

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