

Wartburg Employee Health Screen

Sign up required!

Wartburg will cover the full cost of the Lipid Panel and a portion of the Chemistry Panel for all full-time/benefit-eligible employees, as well as any spouses who are on Wartburg health insurance.

Tuesday, March 28

7 to 8:30 a.m. ● East Classroom at The W

Fasting blood tests offered:

- **Chemistry Panel with Lipid and Iron, \$10 (W-burg will cover the rest of the cost)**, — 23-test chemistry panel includes diabetes screen, kidney function screen, liver enzymes, iron and Lipid Panel.
- **Lipid Panel, (Paid by W-burg)**, includes cholesterol, triglyceride, HDL, LDL and ratio.

Fasting tips:

- Do not eat for 12 hours before screening
- Sips of water only
- Take medicines on normal schedule
- Avoid caffeine products and alcohol for 12 hours before screening

Non-fasting blood tests offered (paid for by individual):

- **Hemoglobin A1C, \$10** — measures glucose (blood sugar) level over time.
- **Prostate-Specific Antigen (PSA), \$15** — early screening test for diseases of the prostate.
- **Thyroid Stimulating Hormone (TSH), \$15** — measures thyroid function.

Also available:

- **Blood Pressure Checks, free.**

Lab results are mailed directly to participants.
Sign-up required through Amy Wilson at (319) 352-8278.